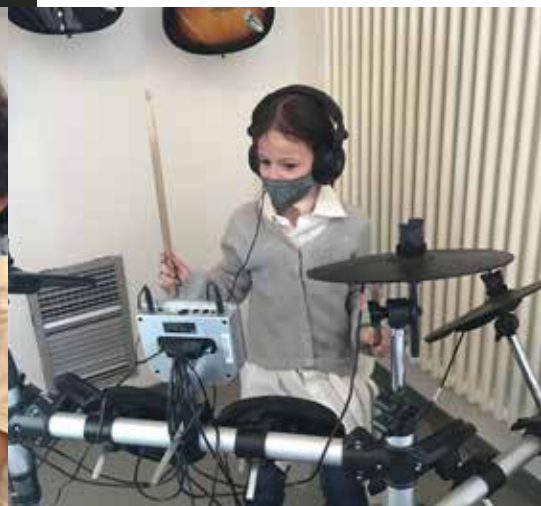




MUSIC ON AIR

YEARBOOK 2021 - 2022



► THE SONG OF YOUR LIFE





GUIDING STATEMENTS

VISION

To become the most stimulating school community in Italy, where students learn well and do good for others.

MISSION

IST inspires lifelong learning and international mindedness, empowering each student to reach their full potential while supporting their overall wellbeing.

INTERNATIONAL MINDEDNESS

Respect for the interconnectedness of self, others, cultures and the environment.

IB LEARNER PROFILE

IB learners strive to be: inquirers, knowledgeable, thinkers, communicators, principled, open-minded, caring, risk-takers, balanced and reflective.



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THE SONG OF YOUR LIFE



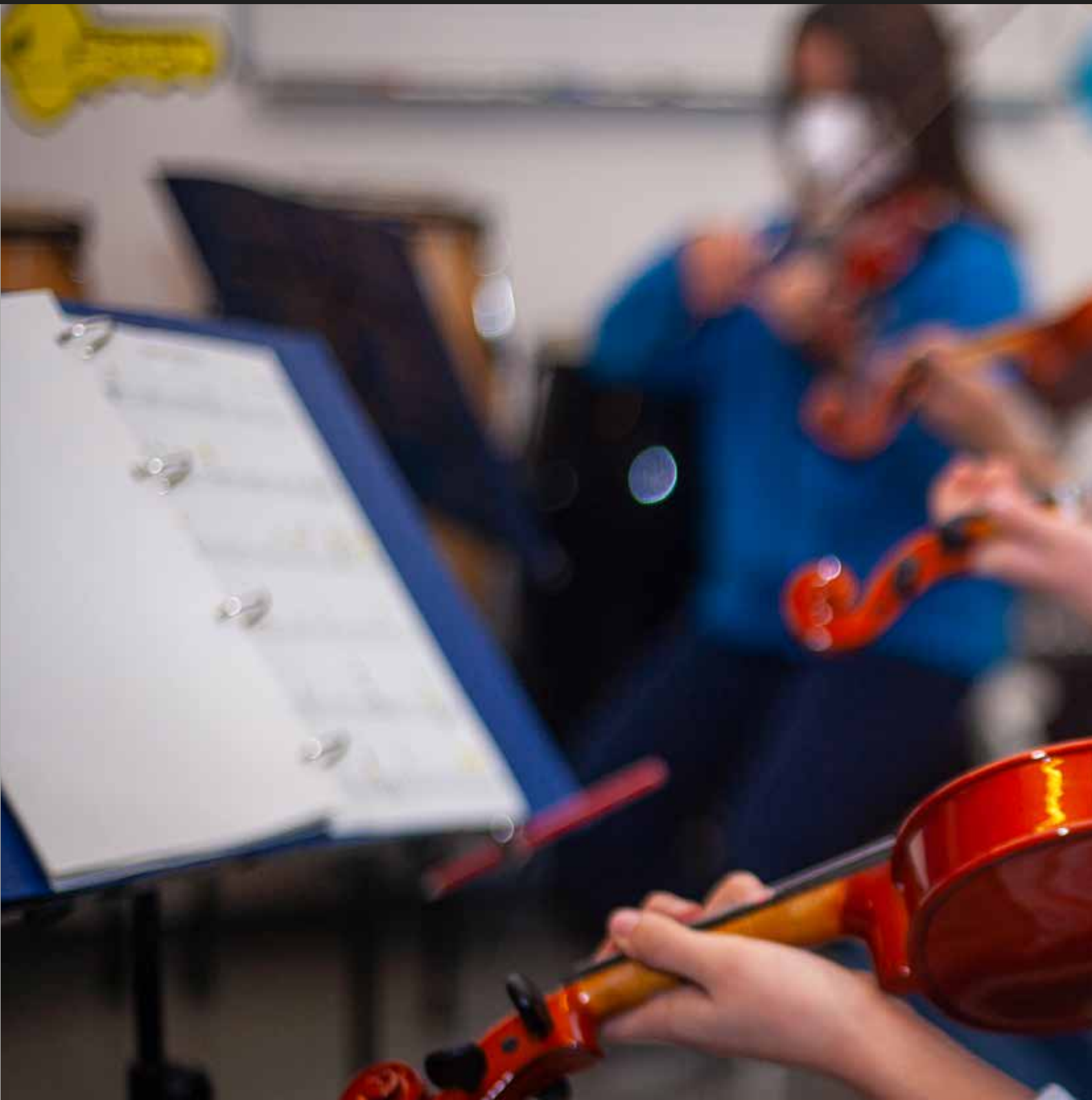
Scan the QR Code to listen the music and playlist

MUSIC



Music is the art of arranging sounds in time through the elements of melody, harmony, rhythm, and timbre. It is one of the universal cultural aspects of all human societies. In this yearbook we wanted to focus on the importance of music, how can music influence, motivate and inspire us.

YEARBOOK CLUB







HEAD OF SCHOOL MESSAGE

Dear IST Community,

Yet another school year has passed under the influence of the backlashes of the Covid pandemic. There have been disruptions to our ordinary lives, but fewer than in the past two years, and what I noticed is that we are all now approaching life from a different perspective.

Amongst the negative aspects that came with it, this pandemic has also brought some good: it has united us and helped us feel closer, just as music can.

Our community's desire to resume a somehow normal life has been the guiding theme, the leitmotiv, of our year. It has shone through the multiple events that brought us together once again: Isthaton, the Halloween Parade, the Winter Market, and many more everyday activities promoted by our students and staff.

Moreover, the synchronised re-evaluation visit has offered us another powerful opportunity to reflect upon our role, aims, achievements, and challenges as an educational community.

I am grateful to our IST families for their ongoing support during these unpredictable times. It has been like dancing to an unknown tune. Seeing everyone come together and follow the lead has been the key to our success.

A special thanks to our IST faculty and staff for the fantastic job done. We welcomed several new colleagues this year. It is a pleasure to see how they have settled in and contributed alongside our longstanding members to enhance IST's academic offer and get us a step closer to achieving our vision and mission.

And last but most important, our students. This year we appreciated the sound of their voices in the hallways more than ever, as if it were the sweetest music! We are proud of their resilience, and their successes and accomplishments renew our enthusiasm and commitment to IST.

May this Yearbook elicit precious memories just as a song does when you hear it unexpectedly.

Lara Pazzi, Head of School



OUR STAFF

Pauline Awor
Lorraine Ayres
Fernando Azzinaro
Susan Baker
Carla Banioni



Chiara Barbero
Nicola Barbieri
Jessica Bartolozzi
Raphael Bassanello
Eva Batova



Marita Bellone
Sara Bergamin
Lorenzo Borgotallo
Michelle Brennan
Cinzia Buono



Sal Burgio
Dillon Burt
Carmen Campos
Elisa Canestrelli
Maddalena Carello



Cynthia Clough
Valeria Cocchi
Gianluca Collu
Nicola Coombes
Anna Costantini



*Luisa Curletti
Elena Di Maggio
Luca Fenoglio
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*Clarissa Ghelli
Lucia Giannini
Francesca Giraudo
Jennifer Hahn
Rodrigo Infantozzi*



*Neelam Jiandani
Monica Jona
Anne-Sophie Leroy
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Nerea Maeso*



*Marta Malvezzi
Giovanni Manzano
Megan Martineau
Maria Dolores Sanchez
Tom Massey*



*Monica Mattei
Magdalena Matysow
Lewis McKenzie
Clíodhna Murphy
Josephine Nthuni*



*Sara Osman
Miriam Oxenham
Francesca Parisi
Caroline Parrett
Lara Pazzi*



*Antionietta Pellegrini
Paolisa Penzo
Pravin Pravin
Claudia Rabuazzo
Alessandro Ranzini*



*Nadia Raviola
Mabel Redaelli
Jennifer Redman
Maria Sol Rosales
Luca Russo*



*Roberta Schirru
Andrea Serra
Beatrice Sipione
Clara Siviero
Barbara Sobrero*



*Joshua Solomon
Ilaria Sosio
Astrid Tegge-Schuering
Guy Teho
Matthew Thurstan*



*Consuelo Tuzio
Ben Van Dijk
Jannida Van Dijk
Ashley Jade Veale
Erica Violante*



*Elaine Walker
Andrew Waskowski
Amie Weiss
Fiona Westray
Rocio Zorita Ribelles*





INTERNATIONAL SCHOOL OF TURIN



OUR SUPPORT STAFF

Benese Crew



Angela, Marco, Maurizio, Marco, Giuseppe, Beppe, Giovanni.



Kitchen Crew



Simona, Sonia, Fabio, Elena, Dorina, Sara, Valentina, Silvia.

Cleaning Crew



Alberto, Alessandra, Katia, Simona, Herminia, Pina.

IST STAFF & FACULTY PLAYLIST

SOME OF OUR STAFF AND TEACHERS' FAVORITE SONGS



TITULOS

- | | | |
|---|--|---|
| 1 SAMBA DO AVIÃO
ANTÔNIO CARLOS JOBIM | 11 WHERE IS THE LOVE?
BLACK EYED PEAS | 21 QUELLO CHE LE DONNE NON DICONO
FIORELLA MANNOIA |
| 2 UNDER PRESSURE
DAVID BOWIE AND QUEEN | 12 IT'S MY LIFE
TALK TALK | 22 DANIEL
ELTON JOHN |
| 3 CHIARO DI LUNA
JOVANNOTI | 13 TAJABONE
ISMAEL LO | 23 UNITY
SHINEDOWN |
| 4 NOTHING'S GONNA STOP US NOW
STARSHIP | 14 TRULY MADLY DEEPLY
SAVAGE GARDEN | 24 MORNING HAS BROKEN (1971)
CAT STEVENS |
| 5 ONE
U2 | 15 LITFIBA
VIVERE IL MIO TEMPO | 25 ALL YOU NEED IS LOVE
THE BEATLES |
| 6 OPHELIA
THE LUMINEERS | 16 KAYLEIGH
MARILLION | 26 MONEY FOR NOTHING
DIRE STRAITS |
| 7 WEIRD FISHES
RADIOHEAD | 17 UNFINISHED SYMPATHY
MASSIVE ATTACK | 27 BREEZE BLOCKS
ALT-J |
| 8 HAPPY
PHARRELL WILLIAMS | 18 LA CORRIDA
FRANCIS CABREL | 28 HALLELUJAH
L. COHEN |
| 9 WITH OR WITHOUT YOU
U2 | 19 HEAVEN
ANGELS & AIRWAVES | 29 "FUEGO"
BOMBA ESTÉREO |
| 10 BY THE WAY
RED HOT CHILI PEPPERS | 20 NOTHING ELSE MATTERS
METALLICA | 30 WONDERWALL
OASIS |



TITULOS

31 COLOURFUL
THE PARLOTONES

32 UNITY
SHINEDOWN

33 WITH OR WITHOUT YOU
U2

34 CLOUDS, THE MIND ON THE (RE) WIND
EZIO BOSSO

35 MODERN LOVE
DAVID BOWIE

36 HALLELUJAH

37 DON'T STOP ME KNOW
QUEEN

38 BOHEMIAN RHAPSODY
QUEEN.

39 FATHER AND SON
CAT STEVENS

40 INTERSTELLAR SPACE
JOHN COLTRANE

41 I'M YOUR MAN
LEONARD COHEN

42 FALL ON ME
ANDREA & MATTEO BOCELLI

43 BREAKING ME
A7S

44 THERE MUST BE AN ANGEL
EURYTHMICS

45 KUSANAGI
ODESZA

46 INVISIBLE STRING
TAYLOR SWIFT

47 I JUST CALLED TO SAY I LOVE YOU
STEVIE WONDER

48 I'M GONNA GET YOU YET
THE DIXIE CUPS

49 UPTOWN GIRL
BILLY JOEL

50 HAPPY
PHARRELL WILLIAMS

51 RIPTIDE
VANCE JOY

52 FOLLOW THE SUN
XAVIER RUDD

53 THROUGHOUT YOUR YEARS
KURTIS BLOW

54 I LIVED
ONE REPUBLIC

55 A SKY FULL OF STARS
COLDPLAY

56 ZITTI E BUONI
MANESKIN

57 IMAGINE
JOHN LENON



BOARD MEMBERS

**Thank you to our volunteer parent Board of Directors
for their service in governing IST:**

President

BARBARA BUFFA

Vice President

ALBERTO DAL POZ

Treasurer

ALESSANDRO POTESTÀ

Secretary

TEJINDER SINGH

Board Members

MARIO FERRARI

ELVIRA PUENTES

CARLO RE

EMANUELA SALZA

RICHARD CHRISTIAN SCHWARZWALD

BRIDGET HARBAUGH ARTERO



BOARD PRESIDENT MESSAGE

*“To play a wrong note is insignificant.
To play without passion is inexcusable.”*
Ludwig Van Beethoven

We started this year hoping that it could finally be a “normal” one from the bottom of our hearts. We had grand plans, but unfortunately, we lived in another complicated situation. Once again, we had to face our “invisible enemy” with all the measures we thought and desired to be archived forever.

But we know that, like music needs both high and low notes to create a melody, life has bright and dark moments. The one we are facing is for sure a dark one, and it might have brought us to play some “wrong notes” sometimes.

Still, for sure, our unique Community has “played with passion,” and all together, like a real orchestra, we have managed to achieve another successful school year.

Once again, a heartfelt thank you to the IST leadership team, teachers, staff, students, and families for their resilience and constant support.

I want to dedicate a thought to our class of 2022 with another quote from A. Einstein: “Life is like a piano. What you get out of it depends on how you play it.”

Best of luck to you all!

Ms. Barbara Buffa, Board President



PRIMARY SCHOOL

A NOTE FROM THE PRIMARY PRINCIPAL & PYP COORDINATOR: MS. MAGDALENA MATYSOW

Dear IST students,

Congratulations on the completion of the 2021-2022 school year! We welcomed 61 new students in PYP throughout the year and in June we will say goodbye to 55 fifth graders.

This year has been one of highs and lows for many of us. PYP students could finally participate in many exciting events, competitions and field trips. Our students have engaged their minds and talents in worthwhile pursuits and we strongly believe their dedicated efforts will lead to success.

Within our IST community we have also suffered tragedies that have broken our hearts. Our community was generous and caring and wanted to help those affected by these horrific events. However, the highlights are what we will be focused on in our yearbook: the joys, hard work, growing up and the celebration of life. When I see how IST students have grown, it makes me very proud to be your Principal.

Many students have achieved their personal bests in terms of academic achievements, sporting accomplishments and service to the community. Other students have achieved success that aren't so publicly recognised. This includes the students who have stretched themselves to get a higher grade, those who have pushed themselves to get work finished on time and those who have had kind words for others in times of need.

These achievements may not result in certificates or awards, but they are noticed: teachers notice, other students notice, and parents notice. Every student who tries their best and supports others to do so, contributes to the positive atmosphere of our school and makes it a better place, every day.

Until next school year, here's wishing you love, laughter and learning. Keep striving for your best. Keep persisting when challenges get in your way. Keep being kind to one another. Kindness costs you nothing, but may be life changing for the one who receives it.

Best wishes to our graduating fifth graders and students who are moving to other schools, whom I will miss greatly—please come back and visit.

Magdalena Matysow, Primary Principal & PYP Coordinator





MUSIC IN PRIMARY SCHOOL

“With music, one’s whole future life is brightened. This is such a treasure in life that it helps us over many troubles and difficulties. Music is nourishment, a comforting elixir. Music multiplies all that is beautiful and of value in life.” ~ Zoltán Kodály

In an international community like IST, music can act as a force that both celebrates our differences and bonds us together. Music lets us share ideas, life experiences, traditions, questions, preferences, and emotions; it gives us an avenue to verbal and non-verbal expression; it opens dialogue across the generations and among diverse cultural backgrounds. Music also allows every person, big or small, to engage in their own way. All we need is curiosity and a bit of courage.

Zoltán Kodály, who gave us the quote above, was a great exponent of music education and folk music traditions. He believed that music students should be offered great artistic experiences at every opportunity, from the very youngest student to the oldest – and that these experiences should honor regional and global musical practices, multilingual communication and student agency. This philosophy highly reflects the IB approach and IB learner attributes like open mindedness, curiosity and inquiry.

Music offers us an incredible path to international mindedness and shared experience. We hope that IST will enjoy more and more opportunities to celebrate the musical expressions of our community!

Amie Weiss, PYP and Instrumental Music Teacher





EARLY YEARS NURSERY X



In Early years education, songs are a teacher's best friend, the magic wand that saves the day. There are many advantages to integrating songs in everyday learning. In Nursery for instance, singing is an integral part of our learning process throughout the school day. Through songs, children are exposed to a wide range of vocabulary and topics. In class, we use songs to learn about numbers, shapes, weather, body parts, emotions, family members, days of the week and so forth. In addition, songs help boost children's confidence, language skills and give them a sense of competence. Children are often proud to be the first to master a song and remember all the words correctly.

Furthermore, learning through songs also helps children improve their listening skills, especially during action songs where they need to listen out for actions and movements. Our favourite songs are the ones with animal movements where children have to mimic different animal movements or sounds. These kinds of songs help children improve their gross motor skills as they use their large and small muscles of the arms, legs, joints and fingers respectively. In Nursery, we use songs as a brain break activity to improve concentration, attention span and motivate learning. Songs are also useful tools for transition signals when we need to tidy up, go to specialist classes, wash hands, walk down the corridor, wait patiently and calm down.

Singing time is imagination and creativity time, where children take an active role in their own learning and can suggest how to do certain actions as well. Sometimes we sing silly songs that make us laugh and joke, especially when we use silly voices. This helps create a relaxed and fun learning environment. So let's sing and dance wherever we can.

Ms. Pauline Awor & Ms. Ashley Veale



*Ms. Pauline Awor
Ms. Ashley Veale
Patricia Baggiani
Alice Baudo
Lapo Blondeau*



*Maria Bremer Franco
Michela Collu Parisi
Dante Damato
Francesca Daniele
Fatima Gregis*



*Costanza Liatti
Sofia Marini
Marilou Moermans
Maya Robaldo Picard
Tancredi Sutton*



*Alessandro Zanalda
Benoa Andrea Zinnia*





EARLY YEARS LIFE IN NURSERY







EARLY YEARS PRE-K



Music plays a very important role in our Pre-K children's learning and is incorporated into most of our activities. Music helps in the learning process in a fun and engaging way. It enables the children to learn new vocabulary and concepts through activities such as chanting rhymes, creating sounds using various instruments and singing songs to learn for example, the days of the week, months of the year, seasons etc.

We started off the year with a unit of inquiry on friendship. During the course of the unit, the children learned simple friendship songs such as, 'Find a friend, say Hello' and 'Today I am going to meet a friend'. The children also greatly enjoyed watching Bruno Mars' Friendship song and sang along with it. In the second unit about play, music was used to accompany various play activities and to explore the children's feelings while they were playing to music. The children watched the online 'Playtime Theatre' performance of 'Lazy Lenny' in which a few very simple and 'catchy' songs were repeated throughout the show. The children loved interacting and quickly learned the words of the songs and joined in.

In fact long after the performance they continued to sing the songs. In the third unit about natural cycles the children learned 'The hungry caterpillar' song and this helped them to understand about the life cycle of a butterfly. When voting for their favourite song, they chose this one as it incorporates both music and movement.

The day always starts off with a song, the 'Clean up' song which is a cue for the children to stop their free choice early morning activities and put away the toys. It only took a matter of days for the children to understand the significance of this song and they always immediately started to pack away the toys. As soon as it starts you can hear the children saying 'Clean up song, time to stop playing'.

Ms. Nicola Coombes & Ms. Fiona Westray



*Ms. Nicola Coombes
Ms. Fiona Westray
Desiree Berlingieri
Gustavo Colucci
Laura Deitoz Infantozzi*



*Santiago Gramaglia
Benedetta Liatti
Antonella Menegati Rego
Gregorio Milanesio
Leonardo Muia'*



*Alessandro Mussetto
Pietro Pacchiodo
Giorgio Paolino
Leonardo Patrone
Leonardo Pirlo*



*Tommaso Pirlo
Clotilde Pozzoli
Sebastian Viano*



*ABSENT
Zion Park*





EARLY YEARS LIFE IN PRE-K







EARLY YEARS KINDERGARTEN



Don't give up, keep up trying
Y'all gonna make it (ah yeah) don't give up...."- Bruno Mars and Sesame Street (Don't Give up)

"I'm the strong one, I'm not nervous
I'm as tough as the crust of the earth is
I move mountains, I move churches
And I glow 'cause I know what my worth is" - Encanto

Kindergartners hummed to these songs, and they already at this tender age have big dreams of becoming astronauts, doctors and caring for animals. These songs remind them and motivate them that no dream is too big.

Music also brings us all together, in a multicultural and multilingual class, we can all celebrate together through music. Happy Birthday, Jingle Bells, the Good Morning Song, create an environment where we understand one another, feel joy together, and of course, dance!

Dance and movement have been a big part in our English learning journey. Linking words to actions allow everyone to join in, learn, and have a blast. We have learned so many new words from each other, while staying active.

Music has propelled our memory and our understanding of these topics as we sang about animals, plants and our feelings we learned about ourselves, and the world around us. We painted while listening to Vivaldi and drew while listening to Carnival of Animals learning about Italian culture, and how art inspires art.

Music is a big part of our lives, and as the children move on to bigger things.

Ms. Neelam Jiandiani & Ms. Antonietta Pellegrino



Ms. Neelam Jiandani
 Ms. Antonietta Pellegrini
 Juan Pedro Bremer Franco
 Victoria Casilli
 Giada Cauda



Sara Comoglio
 Leonardo Di Martino
 Daniel Fiorentino Falciano
 Carola Griotti
 Edoardo Lavazza



Leonardo Lodolini
 Hans Thomas Luders
 Giorgio Marques Andorinha
 Rebecca Sani
 Sasha Smolko



Gregorio Stratta
 Vivian van Dijk
 Anna Louise Wambeke
 Federico Zanalda



ABSENT
 Vincenz Gilgenrainer





EARLY YEARS LIFE IN KINDERGARTEN







PRIMARY SCHOOL GRADE 1X



In Grade 1X we like to sing a different song each week. Sometimes our songs teach us, such as “Today is Monday” which helps us learn the days of the week. Sometimes our songs make us laugh, like “Apples and Bananas.”

Sometimes they help us be creative, like when we make up our own verses to go with “Can You Roar Like a Lion.” All of our songs make us happy and help build our classroom community.

I have enjoyed teaching our class these songs and hope you will always remember them!

Love, Ms. L



*Ms. Suzanna Lindeman
Emily Bazzoni
Leon Gescon
Eunu Cho
Emily Dal Poz*



*Federico Grivetto
Bruno Jona
Leonardo Mussetto
Anna Perinetto
Michela Rosso*



Lucio Segre Amar



*ABSENTS
Sonny Ramsey*





PRIMARY SCHOOL GRADE 1Y



Music helps to develop, learn and thrive. Music builds attention and perseverance. Music is motivating. Music is a form of communication.

In Grade 1, we enjoy the music! We use music in many aspects of our learning throughout the day. We kick off our day with a Hello song as a form of expressing our morning greetings to each other. We sing a goodbye song at the end of the day to say bye and thank each other for the good day spent together.

Music helps us learn in class. We use music in Math, for example when we sing the counting songs like Count to 100, Count by twos or Doubles song. We learn phonics through songs for example the ABCs. In Inquiry we learn vocabulary through singing for example in our food unit, we learnt names of food through songs.

We play background music in the classroom to get us engaged and motivated to work especially in writing activities. Music calms us down. We listen to quiet and slow music which relaxes and brings us a calm feeling when we are jittery. Music makes us happy and we enjoy singing and dancing for fun.

My message to First Graders:

Sing everywhere and anytime. Don't you worry if it's heard or not. Keep singing, give it all you've got. Sing in the garden, sing in the bath, sing for your supper, sing for a laugh. Just sing!

Ms. Josephine Nthuni



Ms. Josephine Nthuni
Edouard Berthe
Tommaso Boffa
Angelica Viana Lima
Nicoló Demaria



Edoardo Eusebio
Liam Javierre Diaz
Sophia Mortel
Amélie Pamparà
Si Woo Park



Santiago Romano Oliva
Annalisa Ruberto





PRIMARY SCHOOL LIFE IN GRADE 1







PRIMARY SCHOOL GRADE 2X



Dear class,

We have had a wonderful year in 2X this year! We started the year welcoming new students in our class who very soon became good friends. We had a great time in class learning in lots of different ways, working together and helping each other as much as possible.

You all tried your best so that you could all be happy and feel safe in our class and started to reflect on how your behaviour impacts others and your learning. You grew and became more responsible as the year went on and I am sure you are now ready for the new challenges you will encounter in Grade 3.

Thank you for your enthusiasm, your spontaneity, for trying hard, for laughing together and for being a fantastic class!

I wish you all the best in Grade 3!

Ms. Raquel Galindo



*Ms. Raquel Galindo
Tereza Badyvska
Tobia Baravalle
Anna Barilla
Aurelio Collu Parisi*



*Elena Essant
Axel Gilardini
Finn Kai Gualtieri
Kokomi Iwatsuki
Gen Kuriyama*



*Hamin Lee
Guglielmo Milanesio
Gregorio Nadalin
Esther Nfomen
Costanza Pozzoli*



*Mauro Sisto
Felice Viano*





PRIMARY SCHOOL GRADE 2Y



Dear 2Y

It has been a pleasure to be your teacher this year and watch you grow and change.

You have learnt many new skills and gained lots of knowledge about the world around us. Throughout this year, music has helped you to learn. You have listened to fun songs to help you learn your spelling patterns and parts of speech like verbs with the 'Superman' song. You have enjoyed making music and singing songs in music lessons and you even continued your singing into other classes. Some of you also enjoyed moving your body to music whenever music was played in the classroom. You even listened to sounds from the class chimes to help you stay calm and transfer between tasks by refocusing yourselves.

During our unit on performing arts, you explored music in dance performances such as ballet; singing that ranged from opera to rock concerts and musical theatre performances. You enjoyed watching examples of these performances and responding to them with your opinions and thoughts.

It has been a great year and I wish you all the best for Grade 3!

Ms. Sue Baker



*Ms. Sue Baker
Carlo Bertero
Sara Cichocka
Guglielmo Colucci
Alice Costa*



*Matilda De Gasperis
Noah Eriksson
Marianna Gazzola Chiapusso
Giorgio Alberto Jona
Kyubin Kim*



*Benedetta Nadalin
Bianca Perinetto
Emanuele Sani
Mia Scanferlin
Jan Schuering*



Tommaso Stratta



ABSENT

Maximilian Gilgenrainer





PRIMARY SCHOOL LIFE IN GRADE 2







PRIMARY SCHOOL GRADE 3X



Since we were young, we have enjoyed music as part of our everyday lives. Most of us like to sing in class and outside of the classroom, and we like to dance to our own rhythms. We sometimes change lyrics to some songs, or create new music in class and invent our own lyrics. Here are our thoughts about music:

- Songs make me feel all the feelings.
- Music can influence the way you feel.
- Music makes me want to move my body.
- Music makes me want to sign.
- Some songs make me dream of magical places.
- Music makes me excited and makes me want to scream.
- Some types of music make me want to cover my ears.
- Music makes me want to relax, lie down on the sofa and listen to it.
- My favorite song gets me excited.
- Songs are noisy sometimes, and distracting too.
- I like my favorite song so much that it makes me jump like a fish.
- When I hear my favorite song I feel I want to blast out the sofa.
- My favorite song makes me laugh.
- I listen to music when I want to relax.
- When I hear my favorite song, I want to dance like crazy.
- Some songs remind me of a time when I went to Venice.
- When I hear any song that makes me happy I want to dance.
- I like creating songs on Garage Band.
- One of my favorite songs reminds me of my cat when I am not at home.
- When I hear music, I like to eat popcorn.

Ms. Carmen Campos



*Ms. Carmen Campos
Maksym Badyvskyi
Dora Baldi
Maximilian Baldi
Lorenzo Bertinetti*



*Tancredi Bruna
Arianna Buono Lopera
Maximo Viana Lima
Andrea Costa
Alice Dantas*



*Francesco De Gasperis
Naomi Edgar
Reiley Eriksson
Giulia Grivetto
Leonardo Hu*



*Owen Mader
Carlo Mortel
Valerio Ottavio Peinetti
Nicolò Pianfetti
Camilla Ramondetti Alecci*



*Stefano Ruberto
Luca Thompson*





PRIMARY SCHOOL LIFE IN GRADE 3







PRIMARY SCHOOL GRADE 4X



Music is so important for Grade 4X!

They can often be heard singing a little tune to themselves as they walk along the corridor or as they are packing up at the end of the day. They all have their own favorite tunes, ranging from the latest pop hits, to movie soundtracks, to classic rock tunes.

Music has a big impact on them too, and for many different reasons:

'Some songs make me feel happy.'

'I like some songs because they have a great meaning and others because they have great rhythm.'

'I like to do gymnastics to music!'

'Music opens your mind, and gives you great ideas!'

'Music makes me want to go on an adventure.'

'I like to listen to music when I play video games- and it helps me to play better too!!'

'Music helps me to destress.'

'Rock music makes me feel good.'

'Music helps me concentrate - I feel calmer and I'm never angry when I listen to music.'

This year the 4th graders have been learning about how they can be reflective learners; developing strategies to cope with stress and to manage their emotions. From these comments it's clear that music is a powerful tool in helping them to do this, so let the music play on!

Ms. Caroline Parrett



*Ms. Caroline Parrett
Sofia Alcocer Bonifaz
Anna Asvisio Marchiaro
Patrik Bail
Jacopo Baratella*



*Edoardo Boffa
Yejun Cho
Viola Domeneghini
Volodymyr Garmash
Ayane Iwatsuki*



*Alessandro Mida
Yui Nakamura
Giacomo Pietro Re
Olimpia Rondano
Letizia Sole Rossi Odello*



*Rodolfo Sisto
Cristina Tomasi
Tommaso Verneti Prot
Giulia Vidino
Tommaso Zizzo*





PRIMARY SCHOOL GRADE 4Y



Grade 4Y, your musical inclinations are a reflection of each individual personality that makes your class rich in variety and diversity. Each one of you is as important and unique as your choices. Being an active class, you let all sorts of lively music genres inspire you. From pop to rock to rap and even jazz.

Let's start with Emanuele, an energetic kid, always ready to jump around and make his voice heard. That is why his favorite music genre, rock, perfectly fits his personality. His favourite song is "It's my life" by vibrant Bon Jovi. As mentioned, rock music stimulates big motivation and inspiration in 4Y. No surprise "Believer" and "Enemy", two of Imagine Dragons' most blood-pumping thunderous tracks, are respectively Hugo's, Neo's and Diletta's best pieces. Similarly, Sandra and Cristina have got a real devotion for Maneskin's emblematic group, especially two of their most famous hits "Zitti e buoni" and "Beggin".

Music can give us all sorts of positive feelings to overcome difficulties and loosen up, as it is for Thomas is a cheerful and sensitive boy, whose beloved music genre is K-pop and BTS' song "Butter" his top tune, thanks to its dynamic groove. The same way, music is for Yijun a stress reliever and his favourite song, "Distraction", tells all about it. Even for Meiya, a balanced and bright child, pop music is a synonym of calm and happiness. Her favourite song, "Riptide", is a real feel-good hit. But there is more. Gioele, a tireless inquirer, is a huge fan of Jazz music, especially the hits played at Starbucks cafes, as they make him feel calm, relaxed and focused. Leonardo, on the other hand, is a rapper inside, and "Goosebumps" gives him all the good vibes he needs to feel chilled and relaxed.

Nonetheless, one of the most popular genres in our class is certainly pop. Gregorio, a creative student, feels powerful and excited when listening to his favourite song "Stressed out" by 21 Pilots, just like Thibaut, a passionate learner, when turning on "Wellerman" by Nathan Evans. This genre has a similar effect on exuberant Tommaso and Edoardo, who feel active and happy when they listen to their respective favourite songs "Mille" and "Raining tacos". Benedetta and Margherita, two dreaming and caring girls, feel happily relieved and recharged when listening to Ed Sheeran's "Bad habits". However, if you think you've heard it all, check out Ettore's favourite Turkish street musician, Bilal Göregen, with its eccentric remake of "Ivan Polkka". Like many people around the world, he was captured by its fast pace, freshness and liveliness.

Lastly, the song that mostly represents 4Y as a class is "Beggin" by Maneskin. This pop/rock hit well reflects and embodies our deepest class spirit. Powerful, energetic and exciting, 4Y kids hit you hard, as the song's vibes do. It can make 4Y feel fearless and limitless, like they can do anything they want. It has no boundaries and no limits in relieving all the stress and lifting up their hopes. This is a great incentive, not only in facing school, but in everyday life too. Well, what can I say then, 4Y kids are rocking it all day!

Ms. Nadia Raviola



*Ms. Nadia Raviola
Diletta Bertello
Thibaut Berthe
Yijun Blasco Zheng
Neo Busse*



*Margherita Casalegno
Benedetta Cazzaniga
Ettore Carlo Ceria
Emanuele Fava
Edoardo Garrone*



*Thomas Harbord
Meiya Longueville
Gioele Maiolo
Leonardo Marchisio
Gregorio Pecchini*



*Hugo Pfeffer
Tommaso Rogna
Cristina Rosso
Fedor Rusanov
Sandra Sarotti*





PRIMARY SCHOOL LIFE IN GRADE 4







PRIMARY SCHOOL GRADE 5X



Kind, open-minded, inquirers, creative and chatty are some of the words that 5X used to describe themselves. Their song choice of “Believer” by the Imagine Dragons reflects their growth mindset attitude and their belief that things can, and they can, always improve. Two highlights of the year that the students found most memorable were the fieldtrips - the first in 2 years, and playing games together as a class and grade during recess times.

Weekly gratitude time showed the unity of the class and a genuine appreciation for each other and the strong friendships that they have built.

The learning in grade 5 has taken the students on a journey through globally significant issues such as migration, environmental awareness, responsible consumerism and the various individual exhibition topics.

Through their genuine interest, open mindedness, resilience and inquiring attitudes, the students have shown that they are ready for the transition from primary to secondary and the next steps in learning that will bring.

Well done to each of you 5X, keep developing your growth mindsets and continue to strive to be kind and caring global citizens.

Ms. Lorraine Ayres



Ms. Lorraine Ayres
Lorenzo Bastianini
Filippo Bianchetta
Alexa Edgar
Gabriele Franchini



Dario Giorgio
Giacomo Grivetto
Taemin Lee
Giulia Lovelock
Carolina Marques Andorinha



Molly McKenzie
Enrico Morreale Agnello
Leonardo Mula
Ludovico Ernesto Peinetti
Julia Emma Ranzini



Marco Rondano
Marco Pietro Ruberto
Penelope Scanferlin
Michaela Scriva Barreca
Joseph Thurstan





PRIMARY SCHOOL GRADE 5Y



Grade 5Y strolled through the doors of our classroom at the beginning of the school year with enthusiasm and positivity about the year that lay ahead and with a feeling of excitement about what was to come.

Little did we know of the challenges and bumps we would meet on the way to where we are today: positive cases here, there and everywhere, quarantining, online learning etc. Even with the ever-lingering covid monster at our backs, Grade 5Y students have kept their enthusiasm throughout.

They have broken down barriers and flourished in achieving their Grade 5 objectives. The progress they have been making as individual learners makes me proud each and every day.

As Queen sang, there has been and continues to be a general 'Don't Stop Me Now' vibe as we continue to live our lives, as we continue to learn and grow and as we continue our development into become great global citizens that will 'Change the World' we live in today.

Ms. Clíodhna Murphy



Ms. Cliodhna Murphy
Jamila Abe
Nina Baravalle
Fabio Barbero
Francesca Barilla



Eloise Buono Lopera
Vittoria Colucci
Ettore Forte
Christian Garnerone
Kazuma Kobayashi



Philip Marsiaj
Pietro Menegati Rego
Francesco Meneghello Negro
Elisabetta Ottavis
Alessandro Piccioni



Jaime Boncan Silva
Facundo Postay
Achile Roberto Rahote Wild





PRIMARY SCHOOL GRADE 5Z



Dear grade 5Z students,

I am really proud of your hard work this year. You have grown as inquiries, communicators, and reflective thinkers. You became a stronger community of learners, considerate and inclusive of others. You have learned how to add to others' ideas, disagree respectfully, and have come to value the ideas and opinions of others.

Building a strong classroom community was essential to making our school year a success. Music has helped us to build our classroom community.

Clair de Lune by Claude Debussy helped us study, doing Tik-Tok dances at recess made us laugh, and singing our class song proudly, with joy and enthusiasm (even though most of us don't know all of the words), has helped us build a supportive and inclusive classroom community.

I appreciate all of you.

Ms. Michelle Brennan



*Ms. Michelle Brennan
Aimone Bussei Canone
Estella Ceria
Matteo Maria Cozzi
Elisa Crevier*



*Gregorio Di Cintio
Maria Sole Dimauro
Ander Erdozain Arispe
Edoardo Essant
Umberto Luca Ferrari*



*Leone Ghirardato
Holly Harbord
Maria Vittoria Isaia
Cecilia Paolino
Paulo Boncan Silva*



*Giorgia Ressia
Valentino Romano Oliva
Bianca Scanferlin
Leone Segre Amar
Aleks Smolko*





PRIMARY SCHOOL LIFE IN GRADE 5







SECONDARY SCHOOL

A NOTE FROM THE SECONDARY PRINCIPAL: MR. MATTHEW THURSTAN

As a europhile anything which promotes greater understanding across cultures has had my support, be it sporting, political, or in this case musical. One of the more unusual pan-european events which has often fascinated me is the Eurovision song contest. This is particularly resonant partly because Italy was the birthplace of the idea as it is based on the entertainment behemoth which is Sanremo but also because Turin has recently hosted this year's event. Whether you are a massive fan or you award it nul points, Eurovision, which demonstrates in microcosm the challenges of intercultural awareness and international mindedness, can be viewed as more than just a song contest.

The use of English in songs clearly illustrates this point. Initially songs had to be in the language of the country but this meant a lack of understanding especially from countries with lesser spoken languages. So from 1999 songs could be performed in any language or even mix and match. In many people's eyes this transition diluted the cultural relevance of the event as a blandness of bad English took over.

Today, the choice of language can be seen to be a political decision, there were debates in the French parliament in 2007 because the French entry was sung in English. Using an anglicised song communicates to more people but can isolate the very people you are representing. This is a balance which we at IST try to find by acknowledging, using and celebrating a breadth and variety of languages including the host country whilst finding a common understanding.

Looking back at the songs both hits and misses it also strikes me how Eurovision both challenges and plays into national stereotypes which can happen even from the same country. Last year's Russian entry was from an openly feminist Tajik refugee whilst in 2012 their entry was performed by a group of Russian Grandma's in traditional clothes baking bread. Music has the capacity to fuel these stereotypes or open our minds to alternative narratives. The challenge is that if the music moves too far from the cultural expectations then its significance and meaning can become lost and it is seen to have some way "sold out" and become homogeneous. This intercultural balance is a difficult one. If we integrate cultures too fully we become an homogenous blob of blandness so a specific cultural identity within this global soup is important to ensure that it keeps its piquency.

Eurovision and its music, though appearing at first listen frivolous, is a more powerful player than you might think in discussions around cultural identity. I struggle to think of another non-sporting live event which has such widespread appeal, high viewing figures as well as such a long history.

Perhaps this analysis is bordering on pretentious and the contest after all at heart is a bit of light-hearted fun. Perhaps that is message music underscores that in life we need to remind ourselves at times just enjoy something for what it is, not what it isn't.

Matthew Thurstan, Secondary Principal





SECONDARY SCHOOL

A NOTE FROM THE MYP COORDINATOR: MS. FRANCESCA PARISI

“One good thing about music, when it hits you, you feel no pain.”

Bob Marley said that long ago and he had some reason. Music is the soundtrack of our life. It transports us through different dimensions and nourishes our memory and our emotional side. Like the petite madeleine for Proust, listening to a song again makes us travel through time, makes us children again, takes us back into the arms of those we loved, and does so with all energy.

We all have a soundtrack that accompanies us in different moments of life, sometimes even simply during the day. Who does not like to hear relaxing music when looking to clear his mind or more energetic music during workouts. There is a song for every mood and the best part is that we can decide how much to charge it with emotion.

Music is also a valuable ally if you are seeking a method to help you find concentration with your studies. Among the most popular when it comes to classical music there is Mozart, for example. His notes apparently help mental and cognitive performance. “If you are looking for the “Mozart Effect” you should try his music and see if it actually works!

One of my favourite songs is “No potho reposare”. It is a song in Sardinian and it speaks straight to my soul. It both melts my heart and makes me feel proud of my origins and of the strength of my people.

Francesca Parisi, MYP Coordinator





MUSIC IN SECONDARY SCHOOL

The French writer and philosopher Marcel Proust talked about music as a discipline of equal and alternative level to language -and we all know the importance he gave to language! If we investigate inside ourselves, most of the relevant memories of our emotional life are linked to sounds, melodies or songs. From the womb, our ear is constantly stimulated by sound, and even more so by rhythm: the continuous backdrop of the heartbeat. For the first years of life, children express their inner world, affectivity and emotions through sounds, and vice versa; emotions are influenced by the latter.

When the child enters school, music becomes a necessary and fundamental tool: loaded with cultural forms and meanings, it combines culture and experience. This is precisely the added value of musical education in the school: music is a complex and “global” form of communication, linked to imagination and thinking, but also to corporeality, to motor skills.

Through the musical experience, students develop bodily, motor and perceptual (sensory) skills; emotional and relational skills (self-esteem, self-control, inner security, listening, empathy, inclusivity); expressive, communicative and creative-cognitive skills (non-verbal communication, problem solving, critical thinking, allegory and logic). Thanks to all of these components, musical expression as a school discipline cultivates a fundamental ability at every stage of learning: a greater understanding of the reality that surrounds us and of our own personal experiences.

Music is a language closely linked to individual subjectivity, but oriented to perform group activities: a means to communicate thoughts, sensations and emotions, to socialize; to perform various functions ranging from pure fun to the transmission of messages, even between different cultures; to become an instrument of tolerance and mutual understanding.

As a school-wide teacher in an environment that values student’s collaboration, cooperation, active involvement and agency, I hope that every member of our student community will establish a deep personal relationship with music and, especially, with learning music, following Beethoven’s own recommendation: “Don’t only practise your art, but force your way into its secrets”.

This is fundamental to fully understanding a powerful and constantly evolving form of communication, one that is always ready to break down boundaries and dissolve borders, continuously embrace new trends and escape definitions. These features make music an authentic “companion guide” to creating communicators, reflective and balanced individuals, the principled and open-minded leaders of tomorrow.

Nicola Barbieri, EY - PYP & MYP Music Teacher





SECONDARY SCHOOL GRADE 6X



It was a privilege to have been chosen as 6X's Homeroom Teacher this year, after a very positive teaching experience in Grade 5 with many of the same students. Looking back, I think it was quite fitting that I followed them along this new journey through Middle School, because it was a new one for me as well. While I can not pin-point a specific song that would describe the year we have had, I would say that the themes of "change" "growth" and "acceptance" are all representative of a 6X tune.

Students know their truths better than their teachers, so I put it to them to describe their first year in Middle School. I am sharing their description below. After reading it, you won't be surprised to know that the song they chose to represent their year was "We Are Family" by Sister Sledge.

"Our first day in Grade 6 was a completely new experience for all of us. Entering Secondary school was not a piece of cake, due to the many changes we had to adapt to. It was a really big leap forward, not only because of it being a major step in our childhood, growth, and maturity but also because new doors were opened to unknown experiences and opportunities for us.

A few challenges, such as the Covid-19 pandemic, got in our way and made it difficult for us to get back on the right track. Luckily, thanks to our strong friendships, brilliant teachers, community support and most importantly us, the students of 6X or "6 EXcellent," we managed to pull through and got back on the correct path."

A special thank you goes to Student Council representatives Martina Firenze Puentes and Matteo Cazzaniga for these reflections. Congratulations to 6X on your successful year!

Mr. Sal Burgio



*Mr. Sal Burgio
Matteo Cazzaniga
Leonardo Enrico
Martina Firenze Puentes
Tetiana Garmash*



*Sein Ito
Seokmin Lee
Alexander Lozynskiy
Gregorio Orlandinotti
Lorenzo Romano Panizza*



*Sofia Pizzorno
Lorenzo Rosso
Laura Sarotti
Emma Serenyi
Alice Terreno*



*Alessandro Vidino
Elisabeth Charlotte Zelloth*



*ABSENT
Masha Kaptel*





SECONDARY SCHOOL GRADE 6Y



We had a great year during our first experience of Middle School! We dealt with busy timetables, summative tasks, grades, many different teachers and a mixture of online and school lessons.

In all situations, we kept smiling, and there was always a chance for a shared laugh. Still, middle school has not always been the easiest, but together we faced tours around Italy, Caesar's adventures, and even geometric constructions!

In all of this, music has helped us a lot! At times at the start of the day or during break time, we listened to music, just to give us the right beat for upcoming hours. Many of us would often play a funny song during the day, which always put a smile on our faces. Music made us laugh and enjoy school, even when we were a bit more tired at the end of a long day!

Music would especially help us when, at times, we were in a low mood: it lifted us up and filled our classroom with joy. In conclusion, music created a bond between us, providing a shared rhythm to our school days.

We look forward to going into grade 7!

Ms. Miriam Oxenham



*Ms. Miriam Oxenham
Caterina De Gasperis
Eleonora Fava
Pietro Alberto Furione
Louise Guglielmon*



*Marcello Khamidov
Edoardo Mida
Daria Molinari
Carlotta Romiti
Enrico Rondano*



*Riccardo Saccon
Eleonora Sardano
Matilde Sicurello
Mattia Tomasi
Anna Zizzo*





SECONDARY SCHOOL LIFE IN GRADE 6







SECONDARY SCHOOL GRADE 7X



Dear Grade 7X,

You are colourful, wonderful, loud and proud!
You are a 'mixed tape', 'one hit wonder' and 'greatest hits' all in one class!

Music can influence us in many ways. It can ignite many emotions and activate many senses. It can widen our intellectual capacity, expand our language, develop our motor skills and ignite all kinds of emotional and social feelings.

Grade 7X you inspire each other every day through a mix of emotions and through practice and rehearsal you are coming together like a 70's rock band. You all have a variety of talents and skills and your kind spirit and open-mindedness has allowed for great friendships to develop within the class and you are always welcoming of new band members/students to the group/class.

Sometimes a drummer in a band will loose their timing and other times a lead guitarist will miss an important note or the vocalist will not reach a note! Grade7x continue to motivate and support each other to do their best throughout the year and are becoming more aware and excepting to the differences of each student within in the class. Grade 7x are in tune and showing rhythm as they finish a fantastic year working together!

This year has been a rockstar effort by all 7x and it has been a pleasure to watch you progress and collaborate as a collective. You are all multi-platinum record winners!

Mr. Dillon Burt



Mr. Dillon Burt
Diego Barbero
Nora Isabella Benedetto
Giovanni Bertero
Sara Borrione



Lucia Carvalho Viana Lima
Leonardo Di Cintio
Greta Domeneghini
Eneko Erdozain Arispe
Benjamin Fornengo



Marco Giorgio Galasso
Carlotta Garrone
George Goldamn
Blanca Gramaglia
Briac Le Coeur



Samuele Maiolo
Gianfilippo Martinotti
Ivan Rusanov
Allegra Saino Oria
Mariona Singla Ladera



Khang Bill Tran
Dylan Vourinen





SECONDARY SCHOOL GRADE 7Y



Hi! I am Mrs. van Dijk, the homeroom teacher of Grade 7Y this year.

It has been a pleasure to greet them every morning and to be awakened by their smiles and liveliness. One part of the vibrancy in Grade 7Y is the role music plays in their day-to-day school life. This is the first time in my teaching career that I can speak of a 'musical class'.

One student would start a line of a song (often 'I want it that way') and the rest of the class would sing along. And I remember during the Christmas celebration there was not much needed to have a little party in the classroom. We put up some Christmas song karaoke and the 7Y choir joined the songs wholeheartedly. Dearest 7Y students, never stop keeping music close to you and never stop singing!

I would like to also share the following, written by two of your classmates:

'As a member of grade 7Y, music has brought us together as a class. From singing our favourite songs in Math class to singing during the Art lesson. We all have our differences for example in what type of music we listen to or how one is a bit smarter than another. But we always end up all singing together as a class. Singing has brought people from all around the world (mostly Italy) together and has connected them through music. Are we any good at singing? Not at all! But when we are done singing the song it almost always ends with us laughing and the teacher plugging their ears. Music can connect you with people that you never thought you would relate to!' - Cami and Isa 7Y

Ms. Jannida van Dijk



*Ms. Jannida van Dijk
Isabel Artero
Felix Baldi
Nicolo Bastianini
Diego Bertello*



*David Lee Buffon
Nicole Claus
Kevork Delaye Manoukian
Pietro Benedetto Fantini
Adele Giugiario*



*Sena Ito
Davide Marchisio
Ettore Margaglione
Jung Yun Park
Camila Pascual de la Rosa*



*Karl Pettersson
Anna Prete
Giulio Preti
Grace Sandra Ranzini
Irene Scaltritti*

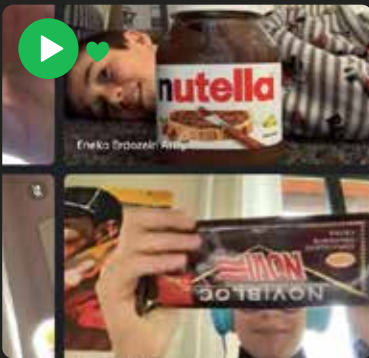


Matteo Stimpfig





SECONDARY SCHOOL LIFE IN GRADE 7







SECONDARY SCHOOL GRADE 8X



A curious set of lively kids whose penchant for gossiping never ends sums up your year as my homeroom class. A constant playlist of enthusiastic cries and bright eyes looking to learn. We've had three or four new students join this circus, they have done well to find friends and become part of the class.

The ten minutes I spend with you everyday is always interesting, if at times confusing as the conversations flow around the room. Though as individuals you are lovely, as a class you work to test the teachers and push us and yourselves to the limit. Congratulations you are high achievers in this regard.

As you move on into grade 9 or superiore I hope that you can turn your willfulness into something positive and your drive to succeed socially into a drive to take yourselves to the top of whatever it is you want to do in life.

All the best from
The captain of the pirate ship that is 8X

Mr. Josh Solomon



Mr. Josh Solomon
Michelle Aversano
Pierluca Bonadonna
Ettore Bussei Canone
Edoardo Cappello



Federico Casalegno
Jasper Chaudhry
Amedeo Chiera Di Vasco
Carolina Ludovica Frazzini
Callum Gualtieri



Taku Kuriyama
Maura Lanzi
Sebastian Leon
Chloe Longueville
Federica Marocco



Oscar McKenzie
Edoardo Nadalin
Esteban Perez Deelen
Francina Postay
Elettra Maria Teresa Potestà



Gregorio Paolo Maria Re
Neera Singh





SECONDARY SCHOOL GRADE 8Y



Starting this year we thought life was going to return to normality.

We did not know that outbreaks and mandatory quarantines would interrupt our lives just as they had last year. As BTS has taught us 'Life goes on' and 8Y has been resilient.

They are doing their best to stay on top of work and enjoy school. They always make me smile in the mornings and I am proud of their positive attitudes (mostly).

Mr. Tom Massey



*Mr. Tom Massey
Giulietta Bertero
Isadora Berti do Amaral
Alexandre Crevier
Costanza Dal Poz*



*Faissal El-Joumayle
Carlos Falconi Palacios
Edoardo Fassio
Ludovica Fassio
Guglielmo Forte*



*Francesco Gabella Ochoa
Federico Giordano
Elettra Olga Maria Girardi
Carlo Lanzi
Javier Perez Deelen*



*Giulia Pininfarina
Giulia Pisani
Jai Stefan Ronaldson
Giada Saranga
Gregorio Scanferlin*



*Vittoria Valsania
Greta Vezza
Margherita Vigo*





SECONDARY SCHOOL LIFE IN GRADE 8







SECONDARY SCHOOL GRADE 9X



The current scholastic year has been surely particular and also challenging from many points of view. While we were busy exploring and learning new things, there have been external events, out of our control that pushed our resilience beyond what we would have probably expected in normal times. However, we need to remind ourselves that “The show must go on” (to stay on track with this yearbook’s topic!).

The 9X class had some new students joining and some old students coming back, and this created a lively and mixed group that faced this scholastic year with a lot of enthusiasm and positivity. This group of young learners has juggled between assessments, self-learning and other scholastic activities with dedication and hope.

It is great to see that they are trying to get the most out of it as we have had Eco builders embracing a new robotic competition in Milan, students involved with the Eco club, TOMUN and sports activities. The students also had the opportunity to have a field trip in the open air after quite a long time and spend time in nature as a group.

We must keep in mind that in a world that is constantly changing we can only adapt, change, and grow along with it, trying to create the best possible future out of all difficulties and uncertainties. A little gesture of recognition, appreciation, and acknowledgment goes a long way and I would like to share a thought with you taken from a famous and recent song that reminds us that change can always start with ourselves: “We are the people we have been waiting for”.

Ms. Francesca Giraudo



*Ms. Francesca Giraudo
Aurora Barattero
Amaresa Boast-Alkorta
Davide Bonzi
Martin Camphausen*



*Giorgia Franchini
Amanda Gay
Giovanni Gibin
Giorgio Guglielmo
Marie Houdu*



*Torben Klemmer
Marco Lanzi
Aaron Martinez
Guadalupe Molla
Tomasz Naglik*



*Caterina Neumann
Lidia Rivetti
Edoardo Romiti
Veronica Sacco
Sophie Schunemann*



*Anna Schwarzwald
Karma Selim
Holly Thompson*





SECONDARY SCHOOL GRADE 9Y



Grade 9Y has chemistry--not just the subject.

They are the right balance of aspiration, hope, grounded realism, silly fun, and adolescent angst. Proudly, I can say they celebrate each other's victories and accept (sometimes cherish) each other's differences; they seem to know that variety gives a group its flavor. They are learning to extend a kind word or action beyond their comfort zones, enriching both the other and themselves in the process.

This is what we're about at IST as an IB School: "creating a better and more peaceful world through inter-cultural understanding and respect [also for the environment]."

This is no easy task, fraught with challenges that entice one to give up and act in a self-serving way. I know you, 9Y, are smarter than that! You know that to lift each other up means no one is put down.

As your co-advisor, I say, "Take heart! Have faith that individual actions collectively make a difference--make it count for the better!!"

I dedicate this playlist to you, amazing 9Y future class of 2025!

Ms. Jennifer Hahn



*Ms. Jennifer Hahn
Yumin An
Sebastian Artero
Valentina Basiglio
Kenesa Boast-Alkorta*



*Eugenio Di Gregorio
Camilla Jini Enrico
Elisabetta Ferrero
Wilbert Felix Garnerone
Flora Giugiaro*



*Melanie Lizzi
Hans Carl Luders
Manuele Mingolla
Yasmin Pereira de Souza
Federico Quaranta*



*Zeina Selim
Marco Smith
Gianluca Stamps
Alma Sukula
Cecilia Terreno*



*Daniele Tiberio
Vinh Brian Tran*





SECONDARY SCHOOL LIFE IN GRADE 9







SECONDARY SCHOOL GRADE 10X



At IST, interconnectedness is at the core of our community, because, despite our many different cultural backgrounds, we all share, and constantly work towards, the common set of values embedded within the IB Learner Profile. In this regard, music can act as a powerful tool to unite us, insofar as “music is a universal language to express emotions that surpass language and cultural barriers” (Eugenio).

At the same time, “music can make you unique in your own style” (Lola) and it can “help express ourselves through fueling our productivity and motivation” (Melissa). According to Laura C., for example, “music helps me better connect with my emotions as well as focus on certain tasks when I’m not necessarily motivated to do them” and Paola further elaborates on this by stating that “music helps a lot of people with healing their emotions”; which is something Carlotta C. agrees with: “music is relaxing, and it can help people get through tough situations”. At the same time, Mario highlights the fact that music can support us in “reflecting on current issues and real life situations, as well as motivate us to push further and keep going because of the powerfulness of the music/lyrics” and Yujin points out that “not only it encourages us to stand up, but it can also impact people to enjoy their lives”. More in general, according to Laetitia, “music affects our mood. It can relax you, make you sad, and feel energetic. It can also be enjoyed because we can have fun with it”.

Last, but not least, as Valerio puts it, “music is an amazing way to feel something new without having to do anything”, just sit back and enjoy the vibes! Or even... “forget everything else!” (Gregorio). Music can indeed work all of the wonders above, as well as help us, once again, find a common ground to come together as a community, regardless of our origins, language and cultural traditions, to share a real moment of pure interconnectedness, through a sign-system that is international and global by nature; capable of speaking directly to our hearts and souls, while bringing to light our commonalities as human beings, and a much-needed sense of world unity, in these challenging times. May IST be the place to fulfil music’s promises!

Mr. Lorenzo Borgotallo



*Mr. Lorenzo Borgotallo
Yujin An
Nicolas Artero
Lola Balloco
Mario Barbero*



*Carlotta Maria Cozzi
Laura Cunha
Augustin Davico
Valerio Isoardi Ottaviani
Justine Le Coeur*



*Melissa Leon
Paola Mare
Eugenio Mollo
Eleonora Monti
Tim Onestini*



*Jung Min Park
Laetitia Perona Veil
Gregorio Vezza*





SECONDARY SCHOOL GRADE 10Y



Grade 10 is a challenging and eventful year for students with the transition from the MYP to the DP and all the important steps which are needed to achieve this. This year 10Y have found that music has supported them during this process. This is shown by their reflections on what music means to them. Martina believes that “music is a good way for most people to concentrate while doing their work, because at times not having music playing can cause them to be more distracted as they are hearing sounds”. While Mako says that “when you are working on your task, listening to music can make you focus more or support your learning.” Music can be inspirational when you need to be creative as Aditya explains “if I’m working on something creative, I play music to stimulate my creativity using the sounds and words I hear in my work.” However, he also finds music helpful for other reasons “when I feel stressed from studying, I play some music to help me relax and take a break from work.”

Other students in 10Y have reflected on the central importance of music to all aspects of their life as Carolina Romano says “Music is everything. Everywhere we go, our mood is influenced by what we hear. Depending on how we feel we choose the music to listen to”. For Viken music is essential to his life. “It creates connections with others but most of the time, it reminds me of nostalgic moments that I lived and which makes me happy to be lucky in this incredible and magnificent world.” Clearly music makes a big difference to how the students in 10Y manage from day to day, according to Sofia “it motivates and helps us when other people can’t. It’s always there ready to cheer, boost and encourage us. Music...stimulates memories, eases pain, and allows you to distract yourself from whatever is going on in your life.” For Eleonora it is a fundamental part of our physical existence. “Music has been part of us since the day we were born, for example, it is in our heartbeat. It’s part of our life, just like we can’t live without a heart, we can’t live without music.” And what does music mean to their homeroom teacher? A powerful force that should be respected and cherished. Not relegated to the background but intensely heard.

Ms. Elaine Walker



Ms. Elaine Walker
Carolina Cunha
Viken Delaye Manoukian
Tommaso Gallia
Jasper Gualtieri



Brooke Holmes
Mako Kobayashi
Federico Maggi
Martina Nanjala
Gabriele Orlandinotti



Santiago Pizzorno
Carolina Romano
Sofia Secco
Aditya Singh
Laura Stimpfig



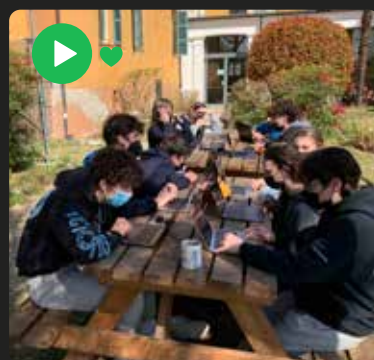
Eleonora Thedy





SECONDARY SCHOOL LIFE IN GRADE 10







DIPLOMA PROGRAMME GRADE 11



- For many, music is not only an amusement, but a therapy to overcome difficult moments. Music is a way to keep my mind off things and helps me relax, alleviating stress whenever I'm feeling overwhelmed.
- Music facilitates reflection. Someone's words of wisdom can give me motivation or inspiration to stay focused. Or they can allow me to rethink how an issue in my life can be solved.
- Music is a way to express and release emotions, when speaking to others can be difficult. It is a way to resonate my feelings in someone else's words, that sometimes I cannot express myself. I think music changes the whole outlook of the present moment or future. Music is something that cannot be replaced in my life, and it is a one-of-a-kind feeling.
- Music is a way to escape reality, to completely disconnect with the outside world, drift off to sleep; it is a universe of your choice and liking. The beauty of music is that it varies and therefore each of us may listen to the musical genre that best represents us. Nobody can tell me what to like and - At the same time, music can bring people together. Music is a language that all people can understand and that's what I love about it the most. Music is something creative and special that I can share with the people I love.

Ms. Luisa Curletti & Mr. Ben van Dijk



LIFE IN GRADE 11





DIPLOMA PROGRAMME GRADE 11



*Ms. Luisa Curletti
Mr. Ben van Dijk
Emma Barbantini Scanni
Irene Beltramino
Lorenza Bermond Des Ambrois*



*Hamza Boast-Alkorta
Giovanni Canè
Alice Chianale
Irene Cirulli
Julia-Mona Dimitrov*



*Massimo Fontana Gribodo
Giorgia Guarnieri
Xavier Houdu
Willow Keller
Anais Malekzade-Mehrizi*



Pier Francesco Menaldo

Lorenzo Mula

Adriana Pascual de la Rosa

Ginevra Peroglio

Camila Postay



Dounia Sanogo Pages

Karol Vina Santiago

Giulia Scarcello

Eden Schunemann

Gabriela Schwarzwald



Lucia Tiberio

Filippo Vigna

Cristian Vinassa

Matilde Visconti



ABSENT

Anna Fostakivska





DIPLOMA PROGRAMME

A NOTE FROM THE DP COORDINATOR & COLLEGE COUNSELLOR: MS. CLARA SIVIERO

When you start the DP, you are striking the first note of Your Song. That piano key might produce a sound that is thrilling or might sound dull and out of tune, but there is always a strong emotion attached to it.

You know that whichever melody will come from that first note, it is unique and it belongs to you only. The notes multiply and at times they can be overwhelming and flood you with mixed feelings, but they are still your notes and you want to make sure that even when they are out of tune, they guide you to the composition of the right piece of music.

You get to learn that the piano you started off with, will be complemented by other instruments, because ultimately it is a whole orchestra that you are directing because your song is complex and it will talk about your future. It will talk about your dreams and how to fulfil them, it will inebriate you with hope and with anticipation, but there will also be some less melodic lines that will get you down.

Over time and with many rehearsals, you will gain control of your music and your instruments will play harmoniously. You will be proud of your song because you know how laboriously you made your way through each note and how each note has made all the difference.

Whether you are still composing your song or whether it is almost done, enjoy the experience because it will shape who you are and it will lead the way onto the stage where you will be the main character, enjoying the limelight whilst whistling your tune.

Clara Siviero, DP Coordinator & College Counsellor





DIPLOMA PROGRAMME GRADE 12



Starting the day is always like starting a new chapter in a book or the beginning of a new track. The first notes of our daily lyrics have been shared in homeroom with each one of us having our unique voice in the band.

Our voices have dictated the mood of the song and of the day; like any song, the emotions were let free and were quietly understood by the others who at times joined in and at times just listened. And then the refrain, was the common theme of the day that brought everyone together because everyone wanted to join in. Quite some music every morning.

But above all, it was the harmony of the song that made every morning special and a new beginning of learning, of bonds, of little steps in the creation of one's future and a shared experience that gained a special meaning because it is grade 12 and the last year in high school.

Soon that melody will change and the members of the band will not be the same. But like with any song, every time you hear it, your brain is taken immediately to those days and that time when you first heard it and it will always be that way.

Every morning we directed that band of 36 members and the tune was melodious and agreeable and a wonderful start of the day.

Ms. Marta Malvezzi & Mr. Clara Siviero



LIFE IN GRADE 12





DIPLOMA PROGRAMME GRADE 12



Ms. Marta Malvezzi

Ms. Clara Siviero

Thomas Andrejuk

Alessandro Arietti

Agata Battaglia



Sara Beltramino

Enzo Benedetto

Francesca Bianchetta

Sara Giorgia Cedro

Brian Cordero Di Montezemolo



Ludovica Dal Poz

Ludovica Fabbricatore

Mateo Falconi Palacios

Sofia Marlene Fantini

Tommaso Benedikt Fantini



*Giovanni Ferrero
Frederick Joseph Garnerone
Edoardo Paolo Girardi
Michele Carlo Giraudi
Julia Hultberg*



*Catrina Leon
Vanessa Kagwiria Lizzi
Lorenzo Massimello
Sveva Naldini
Giulia Ottavis*



*Jaime Perez Deelen
Matteo Piccini
Ignacio Pizzorno
Giorgia Quaranta
Luna Ritschl*



*Zenon Sakalis
Cosme Schunemann Garcia
Sebastian Serenyi
Giada Stecca
Federico Thedy*



*Giovanni Vezza
Sofia Vigolungo*



Beatrice Savoini





THOMAS ANDREJUK

“PA’ ARRIBA, PA’ BAJO, AL CENTRO, Y AL HOSPITAAAL!”





ALESSANDRO ARIETTI

“PA’ ARRIBA, PA’ BAJO, PA’ FUERA Y PA’ DENTRO!”





AGATA BATTAGLIA

“DON'T WORRY, BE HAPPY.”





SARA BELTRAMINO

“STRESS. THE STATE OF MENTAL OR EMOTIONAL STRAIN THAT A IB STUDENT HAS TO FACE EVERYDAY.”





ENZO BENEDETTO

“ANY QUESTIONS? - UHM...YES. ARE YOU GOING TO FINISH THAT CROISSANT?”

- CARL WHEEZER, JIMMY NEUTRON





FRANCESCA BIANCHETTA

“BASTA, ANDIAMO AL MC.”





SARA GIORGIA CEDRO

"SOMETIMES IT'S THE JOURNEY THAT TEACHES YOU A LOT ABOUT YOUR DESTINATION." - DRAKE





BRIAN CORDERO DI MONTEZEMOLO

“THEY CALL ME BUBBLES IN THE CLASSROOM
BECAUSE I’M ALWAYS RISING TO THE TOP.”





LUDOVICA DAL POZ

“TWO YEARS OF IB HAVE GONE BY
AND I STILL DON'T GET TOK.”





LUDOVICA FABBRICATORE

“HAVE SOME FIRE. BE UNSTOPPABLE. BE A FORCE OF NATURE. BE BETTER THAN ANYONE HERE AND DON'T GIVE A DAMN ABOUT WHAT ANYONE THINKS.”

- CRISTINA YANG, SEASON 4 - EPISODE 15





MATEO UMBERTO FALCONI

“SOY UN CABALLO..”





SOFIA MARLENE FANTINI

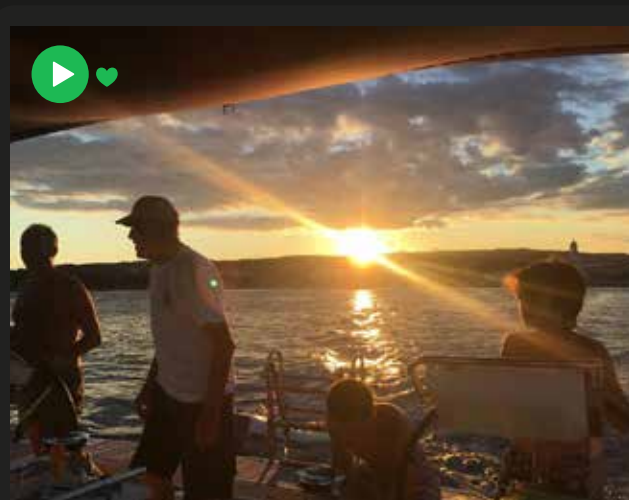
“STAR’ SENZA PENSIERI.”





TOMMASO BENEDIKT FANTINI

“LA TESTA MEGLIO DURA CHE VUOTA!”





GIOVANNI FERRERO

"IT'S LIGHTS OUT AND AWAY WE GO!"
- DAVID CROFTY





FREDERICK JOSEPH GARNERONE

“KNOWING A BIT OF EVERYTHING IS BETTER THAN
KNOWING ONE THING REALLY WELL.”





EDOARDO PAOLO GIRARDI

“IMPROVISE, ADAPT, OVERCOME.”

- BEAR GRYLLS





MICHELE CARLO GIRAUDI

“LIKE I AIN’T NOTICED.”





JULIA HULTBERG

"I WANT TO THANK ADAM SANDLER FOR POPULARIZING INSECURE GIRL FASHION IN THE PUBLIC EYE."





VANESSA KAGWIRIA LIZZI

“CAUSE I’M A WOMAN, PHENOMENALLY. PHENOMENAL WOMAN, THAT’S ME.” - MAYA ANGELOU





LORENZO MASSIMELLO

“A FARE IL PASSO PIÙ LUNGO DELLA GAMBA,
TI SI ALLUNGANO LE GAMBE DAVVERO.”





SVEVA NALDINI

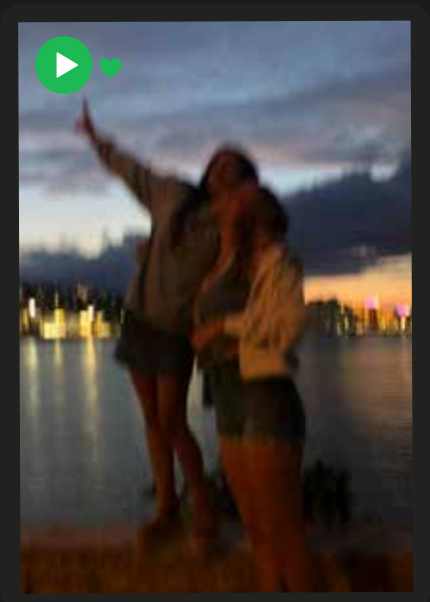
“UKIYO [U-KEY-YO] - JAPANESE
(N.) LIVING IN THE MOMENT, DETACHED FROM THE
BOTHERS OF LIFE.”





GIULIA OTTAVIS

“TOK GOT ME PERIODICALLY ARGUING AND QUESTIONING EVERYTHING.”





JAIME PEREZ DEELEN

"CAN WE FINALLY GO HOME NOW?"





MATTEO PICCINI

[QUOTE CENSORED BY THE GLORIOUS GOVERNMENT OF THE DEMOCRATIC PEOPLE'S OF KOREA]





IGNACIO PIZZORNO

"YOU GOT TO ENJOY THE LITTLE THINGS IN LIFE, LIKE BLOWING BUBBLES."





GIORGIA QUARANTA

“DON'T FOLLOW YOUR DREAMS, FOLLOW MY
INSTAGRAM: @GIORGIA.QUARANTA1”





LUNA RITSCHL

“ALTHOUGH THEY ARE ONLY BREATH, WORDS WHICH I COMMAND ARE IMMORTAL.” - SAPPHO, GREEK POETESS (630-570 B.C.)





ZENON SAKALIS

“CAN I GO TOILET?”





BEATRICE SAVOINI

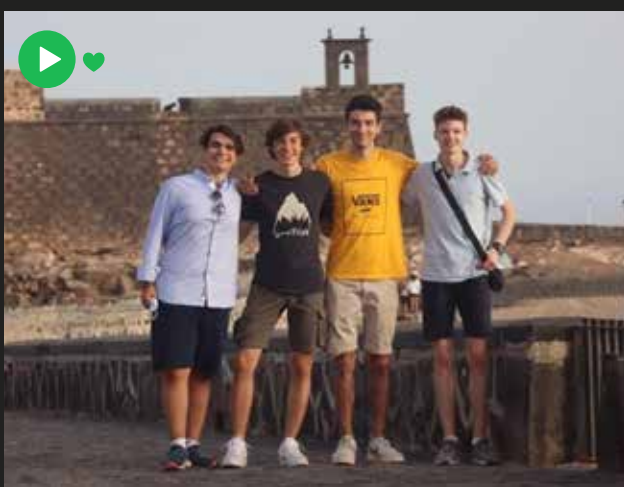
"IT IS THE DIFFICULT HORSES THAT HAVE THE MOST TO GIVE YOU." - UNKNOWN.





COSME HERMANN SCHUNEMANN GARCIA

“ONCE YOU STOP LEARNING, YOU START DYING.”
- ALBERT EINSTEIN





SEBASTIAN SERENYI

“PERFECTION IS ACHIEVED NOT WHEN THERE IS NOTHING MORE TO ADD, BUT RATHER WHEN THERE IS NOTHING MORE TO TAKE AWAY.”

- ANTOINE DE SAINT-EXUPÉRY





GIADA STECCA

“OMNIA VINCIT AMOR.”
- VIRGIL (AND MY MUM)





FEDERICO THEDY

"MENACE."





GIOVANNI VEZZA

“WE MET FOR A REASON, EITHER YOU’RE A BLESSING OR A LESSON.” - TRAVIS SCOTT





SOFIA VIGOLUNGO

“LEARN TO USE THE CRITICISM AS FUEL AND YOU WILL NEVER RUN OUT OF ENERGY.”





OUR GRADUATING CLASS OF 2022

Thomas Andrejuk
Alessandro Arietti
Agata Battaglia
Sara Beltramino
Enzo Benedetto
Francesca Bianchetta
Sara Giorgia Cedro
Brian Cordero Di Montezemolo
Ludovica Dal Poz
Ludovica Fabbricatore
Mateo Umberto Falconi Palacios
Sofia Marlene Fantini
Tommaso Benedikt Fantini
Giovanni Ferrero
Frederick Joseph Garnerone
Edoardo Paolo Girardi
Michele Carlo Giraudi
Julia Hultberg

Catrina Leon
Vanessa Kagwiria Lizzi
Lorenzo Massimello
Sveva Naldini
Giulia Ottavis
Jaime Perez Deelen
Matteo Piccini
Ignacio Pizzorno
Giorgia Quaranta
Luna Ritschl
Zenon Sakalis
Beatrice Savoini
Cosme Hermann Schunemann Garcia
Sebastian Serenyi
Giada Stecca
Federico Thedy
Giovanni Vezza
Sofia Vigolungo



DIPLOMA PROGRAMME GRADE 12



*Thomas Andrejuk
Alessandro Arietti
Agata Battaglia
Sara Beltramino
Enzo Benedetto*



*Francesca Bianchetta
Sara Giorgia Cedro
Brian Cordero Di Montezemolo
Ludovica Dal Poz
Ludovica Fabbriatore*



*Sofia Marlene Fantini
Tommaso Benedikt Fantini
Giovanni Ferrero
Frederick Joseph Garnerone
Edoardo Paolo Girardi*



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Sebastian Serenyi



Giada Stecca
Federico Thedy
Giovanni Vezza
Sofia Vigolungo



Mateo Falconi Palacios
Beatrice Savoini





IST CLASSES PLAYLIST

THE SONGS THAT WERE PART OF YOUR STORY IN 2022



TITULOS

- | | | |
|---|---|---|
| 1 WHEELS ON THE BUS
COCOMELON NURSERY
RHYMES & KIDS SONGS | 11 BELIEVER
THE IMAGINE DRAGONS | 21 TU COMM'A MME SINGER
GIANNI CELESTE |
| 2 HUNGRY CATERPILLAR SONG
*** | 12 BELIEVER
TALK TALK | 22 GIMME! GIMME! GIMME!
ABBA |
| 3 DON'T GIVE UP
BRUNO MARS AND
SESAME STREET | 13 TAJABONE
THE IMAGINE DRAGONS | 23 SKY
PLAYBOY CARTI |
| 4 C IS FOR COOKIE
SESAME STREET | 14 SOMETHING JUST LIKE THIS
COLDPLAY AND THE
CHAINSMOKERS | 24 UNDER PRESSURE
QUEEN |
| 5 GIVE A LITTLE SMILE
*** | 15 7 YEARS
LUKAS GRAHAM | 25 A BEAUTIFUL DAY
U2 |
| 6 HAM AND EGGS
*** | 16 WE ARE FAMILY
SISTER SLEDGE | 26 TAKE ON ME
AHA |
| 7 DO-RE-ME
THE SOUND OF MUSIC | 17 NUMA NUMA
DRAGOSTEA DIN TEI | 27 YOUNG WILD
FREE |
| 8 MEGALOVANIA
TOBY FOX | 18 NEVER GONNA GIVE YOU UP
RICK ASTLEY | 28 HALLELUJAH
L. COHEN |
| 9 EYE OF THE TIGER
SURVIVOR | 19 I WANT IT THAT WAY
BACKSTREET BOYS | |
| 10 BEGGIN
MANESKIN | 20 WHO LET THE DOGS OUT?
MEBAHA MEN | |



THE SONG OF YOUR LIFE







ECO
CLUB





ECO CLUB

A musical note resonates, it moves the spirit. When we connect to our environment, it lifts the spirit in the same way: We realize we are a part of something bigger than ourselves.

We're all connected to each other by this planet we share. Eco Club embodied this truth perhaps more this year than in others; our Executive Officers are all very active in the Model United Nations. Matteo Piccini, President, Sebastian S., Vice President, and Ginevra Peroglio, Communications Officer, have taken national perspectives on environmental issues as part of MUN and as individual Eco-minded students within our school community.

They, like many of our Eco Club members, are principled and have been realistic in prioritizing achievements in the midst of a pandemic. These leaders along with Eco Club members have continued the quiet work of reminding all of us that our actions matter. And that small actions matter if only to tell ourselves that we **MUST** care; our future on this planet depends on it.

Thank you to these incredible students who organized: the Climate Action Campaign securing over 150 pledges of student and staff action to reduce our carbon footprint in support of COP26 in Glasgow this past November; the resale of used items at Winter Market in conjunction with the PTA and Primary Student Council and raised funds for charities of student choice; the raised profile on waste reduction and recycling however unglamorous, is essential work to our school advancing sustainability and the focus of Earth Day 2022.

Thank you to all the administrators, parents, and teachers who supported our Eco Code this year via class projects, lessons, or by finding ways to care through individual action and choices.

IST is an Eco School, our actions make a difference!

ECO CLUB







TOMUN





TOMUN

This year students have participated in two Model United Nation events. From September 30th to October 2nd 10 students from grades 10, 11 and 12 participated in a virtual MUN conference hosted by the Copenhagen International School. Two of these students were chairing committees which allowed them to enhance their understanding of MUN procedures and how to facilitate effective debate.

Our students represented the United Kingdom or Singapore and engaged in discussions about a range of topics such as: the coup d'état in Myanmar; the protection of freedom of the press; the issue of femicides in Turkey; measures to prevent internet fraud; preventing the abuse of opioids by medical professionals; and promoting effective responses to Covid-19 in war-torn countries. This was a great way to start the year and provoked enthusiasm for the next big event which was, of course, TOMUN.

Initially we had hoped to take TOMUN back to the ILO but circumstances forced us to return to the virtual MUN option. However the participating students rose to the occasion and ensured a very successful conference. Along with IST four other schools were involved with a total of 66 delegates on 4 committees. The IST delegation of 19 students included a large group of enthusiastic grade 9 students who were impressive in their level of preparation and in their engagement in the debates.

The chairs, deputy general secretaries, and the secretary general Matteo Piccini provided expert guidance and outstanding leadership. This ensured that the debates which ranged from the threat posed by terrorist organisations in Afghanistan, through controlling methane production in agriculture, and protecting indigenous peoples and cultures, to the question of eradicating organised crime, were lively and productive. TOMUN culminated in a one day General Assembly debate which encouraged everyone to consider the problem of cybersecurity which had been covered in detail by the Guest Speaker Matteo Graci during the Opening Ceremony.

Despite still being confined to online conferences we tried to make every day of debate count. Delegates and Student Officers from IST arose to every challenge this new format created with a professional mindset and a positive attitude. As a member of the executive committee you want the conference to run smoothly but most importantly you want everyone to feel included and have active participation. TOMUN was a wonderful experience and I am proud of the conference we organized!

Ludovica Dal Poz (Deputy Secretary General)





PTA

Dear IST families,

As the President of the PTA, I would like to express my gratitude to Kati Princzinger Serenyi for the time she generously offered in her role as past PTA President.

It has been another challenging year for our community, but thanks to the amazing parents that actively supported all the PTA initiatives, we have been able to organise nice events like ISTATHON, the Winter Market and the International Day.

We successfully organised few luncheons to rebuild our social community after almost two years of COVID restrictions.



Our charitable effort has reached different associations in our territory (Banco Alimentare - Casa Santa Luisa - Team Seas - Casa Oz) and we also worked to support Ukrainian refugees through the donation of our boxes of love.

I would like to extend my sincerest appreciation to our leadership team: Marinella Baravalle, Vice President; Elvira Puentes, Treasurer, Martha Hales, Secretary, Gaby Isturiz and Maria Jose Bremer Room parent Coordinators.

Last but not least, a special personal mentions goes to Jo Harbord who tirelessly and enthusiastically kept all us together trough COVID and to Petra Kern who has been the heart of PTA for many years: our school community has been very fortunate to have them.

Silvia Mascarello, PTA President





IST ORCHESTRA

Music is a universal language and a language of the soul that is able to awake unique emotions, sensations and memories. It can be from any culture or country and in any language. It can make us feel happy or sad, make us cry or laugh. Music has made this magic on human beings since immemorial times.

I embrace music for different reasons: to contain feelings that overwhelm me, to find a place where they can overflow freely. At other times, to dance and let the musical rhythms set the party. Also to calm myself, to study or work, and many other reasons.

In music, there are different paths, playing in an orchestra, chamber music, being a soloist or a teacher. After playing in an orchestra and teaching for decades, I chose the latest because I realised that I wanted to use music to make people's lives happier, but especially the lives of children and teenagers.

The benefits of music are innumerable: it stimulates intelligence, improves memory capacity, increases the ability to solve problems, helps with the attention and learning, improves coordination, helps relieve stress, gets us to sleep easier and elevates the good mood... But it is also a great tool to work on coexistence, interculturalism and education in values in people.

Let's learn to listen to good music, to play an instrument, to sing. Music is the true language of the soul.

Nerea Maeso, Primary Strings Instructor & IST Orchestra







SCHOOL EVENTS





STAFF & NEW FAMILIES ORIENTATION







FIRST DAY OF SCHOOL







PYP ASSEMBLY





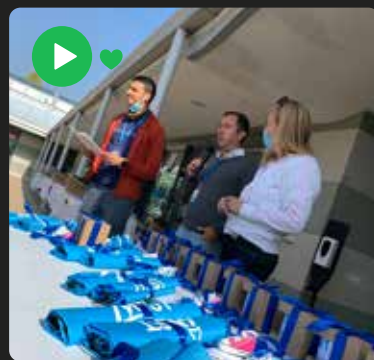
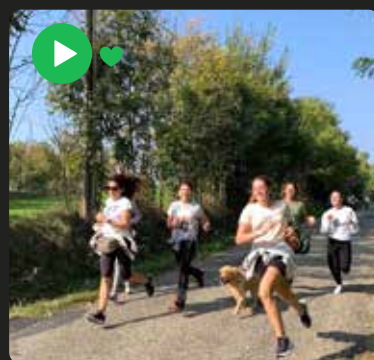
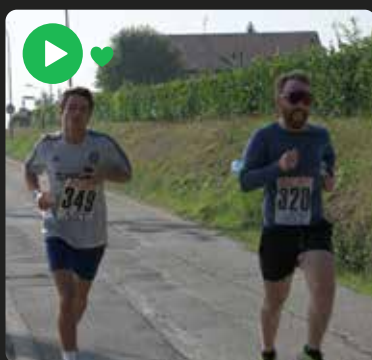
LIBRARY WORKSHOP





ISTHATON







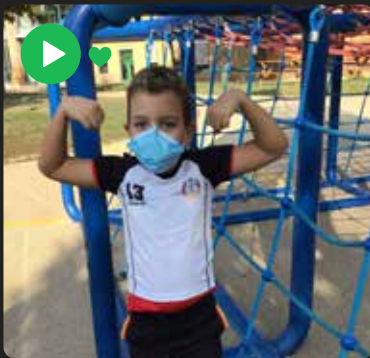
SPRIT WEEK







UN DAY





PTA WINTER MARKET





SANTA CLAUS



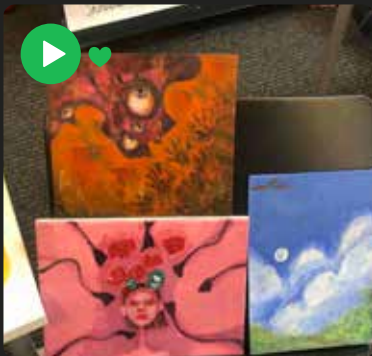


VOLLEYBALL TEACHERS X STUDENTS





G10 PP EXHIBITION





UKRAINE DONATIONS





MUSIC WEEK





VISSTA





MED CUP







EARTH DAY

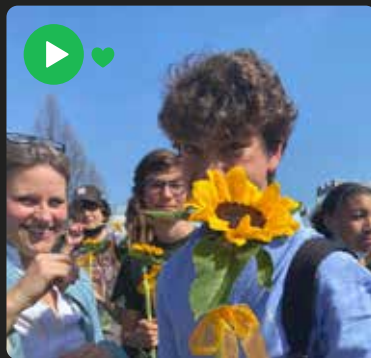






G12 FAREWELL







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21-22 YEARBOOK CLUB

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PTA & STAFF CONTRIBUTIONS

SPECIAL THANKS

THANK YOU TO ALL THE STAFF, FACULTY AND COMMUNITY

WHO CONTRIBUTED AND MADE IT POSSIBLE TO CREATE THIS YEARBOOK.



SIGNATURE PAGE



